

# **Supportive and Chronic Illness Care**

a program of

**Transcend Integrated Healthcare (TIH)** 

#### What is Supportive Care and Chronic Illness Care?

Palliative and Supportive Care is specialized medical care for people with serious illnesses. Through this physician and NP consultation service, we can help patients and families achieve better quality of life by assisting with symptom management, advanced care planning, establishing goals of care and focusing in on quality of life.



### Who Provides Supportive and Chronic Illness Care and where is it provided?

• Transcend Integrated Healthcare's (TIH) Palliative and Supportive Care team is formed by physicians, nurse practitioners, nurses, and social workers who work together to achieve patient and family defined goals. Care is provided in your home, skilled nursing facilities, assisted living facilities (ALFs), independent living facilities (ILFs), group residential care homes, and anywhere else you can think of!

### Who Can Benefit from Supportive Care and Chronic Illness Care?

- Chronically ill patients with serious illnesses who would like an extra set of eyes monitoring their symptoms with focus on quality of life, keeping them out of the hospital and treating you as a person not numbers.
- Patients with life-limiting illnesses including cancer, chronic obstructive pulmonary disease (COPD), congestive heart failure (CHF), kidney disease, liver disease, dementia, HIV/AIDS, stroke, persistent coma and many others wanting additional support.
- Patients of families wishing to discuss treatment goal planning including a better understanding of your illness, the choices available to you for your medical care, review of advance care directives, help with navigating our complex health care system and comfort directed therapy.
- Patients with symptoms and stress of a serious illnesses including pain, shortness of breath, nausea, vomiting, coughing, confusion, anxiety, agitation, trouble swallowing, etc.

## Does my insurance pay for Palliative and Supportive Care? Can I get other care?

Medicare, Medicaid, and most private insurances offer Palliative and Supportive Care services and pay for care.

You can receive Home Health and Physical Therapy while receiving Palliative and Supportive Care. You continue to see ALL of your current doctors (including your PCP). We work with your healthcare team to keep everyone on the same page to pursue goals you have outlined as part of your care plan.

## How do I receive Supportive Care and Chronic Illness Care?

Just give us a call! We need verbal and written consent from you and your primary care physician depending on your insurance. Our team will work with your Primary Care Physician by coordinating and communicating changes to your plan of care.

